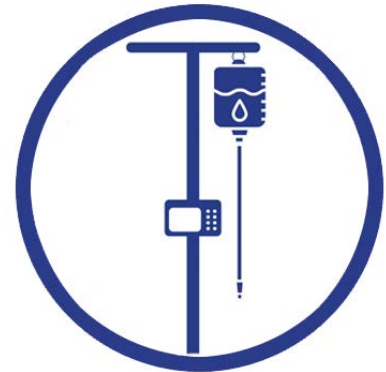


# Administering Your Tube Feeding - Pump

Pump feeding is when a specific amount of formula is administered over a set period of time using an electronic pump. The rate of flow is set as milliliters per hour (mL/hr) and is programmed into the pump for your specific volume and duration. Your feeding pump will come with detailed instructions for use.

## Supplies Needed:

- Clean 60 mL Syringe
- Room Temperature Water
- Clean Cup
- Feeding Bag Set
- Towel
- IV Pole
- Tube Feeding Formula



## Steps for Pump Feeding:

1. Wash your hands thoroughly (see instructions on Proper Handwashing on the 'Introduction to Your Feeding Tube' handout).
2. Before opening, wipe off the top of the formula container and shake the can to avoid settling.
3. Fill the feeding bag with prescribed amount of formula or a maximum of 12 hours' worth and close the top of the feeding bag. If using powdered formula or breast milk, fill the bag with only enough formula for 4 hours.
4. Hang the feeding bag on the IV pole so the bag is at least 6 inches above the pump.
5. Turn the pump on.
6. Insert the tubing attached to the feeding bag into the feeding pump.
7. Before attaching the end of the feeding bag tubing to the feeding tube, follow the instructions that come with your pump to Prime the Pump. Priming pulls the formula through the tubing and displaces the air.
8. Stop priming when the formula reaches the end of the tubing.
9. If instructed, you can program in your dose or VTBD (volume to be delivered) at this time.
10. Set the prescribed rate on your pump in mL/hr.
11. With the tube clamped or pinched, open the cap on the end of your feeding tube port.
12. Follow instructions on Flushing Your Feeding Tube on the Introduction to Your Feeding tube handout with the prescribed amount of water (or 60 mL if you were not prescribed an amount).
13. Insert the end of the tubing for the feeding bag into the end of your feeding tube port and push start on your pump.
14. After your feeding is finished and the bag is empty, re-clamp or pinch your feeding tube to remove the gravity bag and flush again with prescribed amount of water (or 60 mL if specific amount not prescribed).
15. If needed, rinse your feeding bag and tubing with warm water after 12 hours or between feedings. Your feeding bag should be used for 24 hours at a time before getting a new bag.